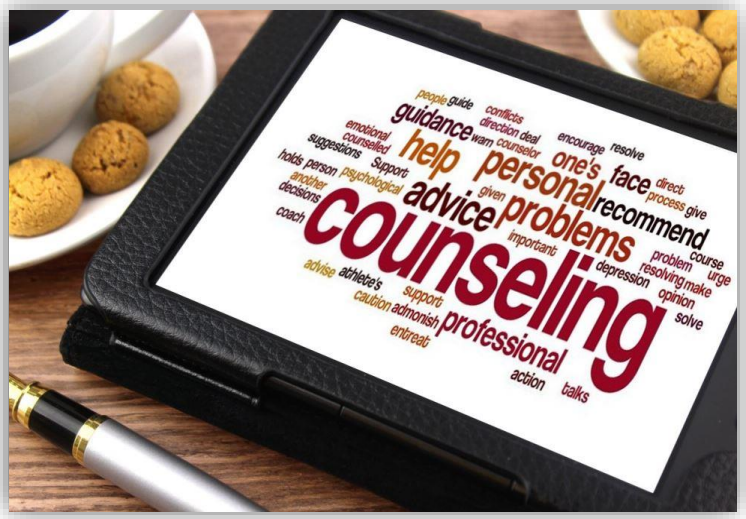
MENTAL HEALTH MOMENTS

A Special "Just Jobs Outlet" Opportunity

Slowly, yet diligently, appropriate attention and opportunities are being initiated to better address the mental health challenges in our everyday personal and workplace worlds. Alpena Community College has taken a special step to offer safe, no-cost, local "I need some help" Mental Health Moments Counseling.



Carey Schiller, ACC's contracted counselor, will be stopping by the Oscoda Campus to discuss the value of taking a few Mental Health Moments in your life. Specifically, this session will discuss the why's, how's and benefits of attending to your mental health.

ALPENA
COMMUNITY COLLEGE
OSCODA CAMPUS

Wednesday, November 17, 2021
1:00pm – 2:15pm

Oscoda Room 213
RSVP by calling 358-7295 or email
whatnext@alpenacc.edu

Presented by:

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